## **Gaylord Hospital**

Invites you to attend the:

## Spinal Cord Injury Support Group

The group presents two inspirational speakers on coping and adjusting to life after injury.

Please join us in welcoming
Francisco Fernandes and Carleton Crooks.
Discussion will be mediated by Susan Fagan LCSW.

When: Thursday October 17<sup>th</sup> at 5:00 pm PLEASE NOTE CHANGE IN MEETING DATE!!!

Where: Luscomb gym (inpatient) at Gaylord Hospital

"There are so many people out there who will tell you that you can't. What you've got to do is turn around and say 'watch me'." – Unknown

Bring your questions! Bring a friend!

The program is sponsored by the CT Chapter of the National Spinal Cord Injury Association and Gaylord Hospital

